

- Reverse the appearance of aged and sun damaged skin
- Improve texture and laxity
- Smooth wrinkles
- Reduce the appearance of acne and other scars

What is DOT Therapy?

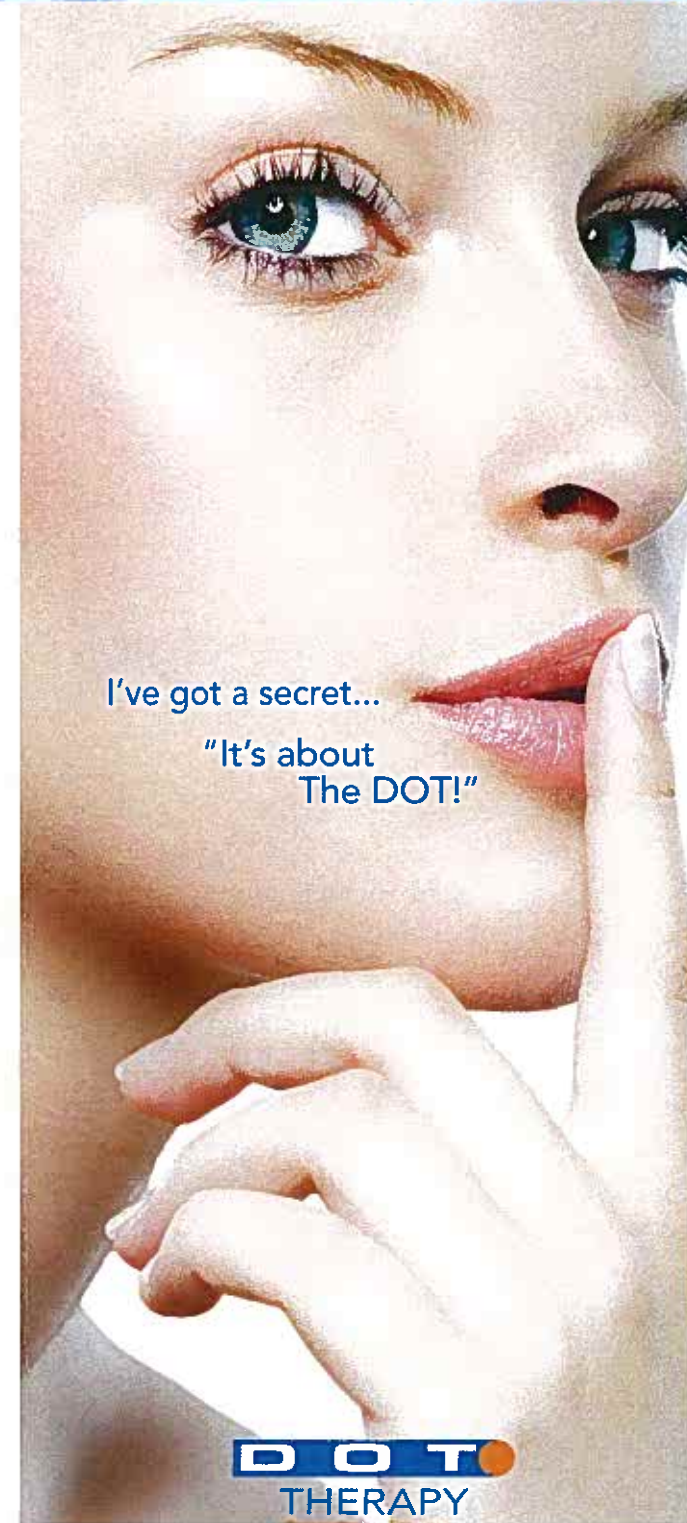
DOT Therapy (Dermal Optical Thermolysis) is a new and exciting way of reversing the appearance of aged or sun-damaged skin, smoothing wrinkles, and reducing the appearance of acne or other scars. DOT Therapy is performed using the SmartXide DOT™ laser system. Because DOT Therapy delivers the desired outcome with minimal downtime, it is rapidly replacing traditional laser skin resurfacing as the treatment of choice for mild to moderate signs of photo damage and aging skin.

DOT Therapy can be performed safely on nearly anyone with signs of aging skin. For more information, ask your doctor or go to www.dottherapy.com/patients.

Make an appointment today to ask your doctor if DOT Therapy is right for you.



the Institute of
Aesthetic Surgery
 28381 Davis Parkway
 Warrenville, IL 60555
 (630) 348-3000
Dr. Joseph Daw
Dr. Terry Donat
Dr. Steven Sigalove



I've got a secret...

"It's about
 The DOT!"



What will DOT Therapy™ do for me?

If you have spent years in the sun, especially without adequate sun protection, then you know what it can do to your skin. Wrinkles, skin discoloration, sun-spots, skin laxity may be reduced or eliminated with DOT Therapy. Also, if you have scars from acne or other skin injuries, then you may also be a candidate for this procedure.

Now, with DOT Therapy, an innovative, new laser procedure, less than one hour in your doctor's office may restore your skin's youthful appearance. While the aging process cannot be stopped, with proper care you can maintain your rejuvenated skin's appearance for many years!

How does DOT Therapy work?

DOT Therapy is the ideal approach for skin rejuvenation. During the procedure, your doctor will apply a pattern of tiny scanned pulses of laser energy to your skin. The DOT Therapy laser precisely creates thousands of microscopic holes (DOT's) in your skin, which induce immediate skin tightening and stimulate new collagen growth. DOT Therapy is designed to improve the skin's texture and tone and to fight fine lines, deep wrinkles, and acne scars.

Unlike older laser technology, DOT Therapy leaves islands of healthy tissue surrounding the microscopic DOTs. This enables your skin to heal



more rapidly. Afterward, your skin will be red, similar to a sunburn. You may also experience some peeling after about three to four days. In most cases,

your skin will return to its normal appearance in about five to seven days. Your doctor may apply a topical anesthetic to your skin to make the procedure more comfortable during the treatment. After the laser procedure is completed, a cold compress will be applied. During your recovery period you will apply a hydrating lotion to keep your skin moist and to promote rapid healing. In most cases, you may resume applying make up after about three days.

How many treatments are required with DOT Therapy?

In most cases, excellent results can be achieved in a single session. However, persons with severe wrinkling or deep acne scars may benefit from a series of treatments spaced about one month apart. Your doctor will advise you on what results you can reasonably expect.

